

Alpine Meadows
Sample Corporate Menu

Subject to Change

	Day #1	Day #2	Day #3	Day #4	Day #5
Breakfast 8:30	Pancakes w/fruit toppings	Scrambled Eggs	Cherry & Cheese Crepes	Scrambled Eggs	Breakfast burritos
	Scrambled Eggs	Toast	Waffles w/strw. topping	Toast	Pancakes w/fruit toppings
	Biscuits	Hash Browns	Hard Boiled Eggs	Hash Browns	Oven Fried Potatoes
	Oven Fried Potatoes	Turkey Sausage	Tater Tots	Turkey Sausage	Coffee cake
	Yogurt	Turkey Bacon	Yogurt	Turkey Bacon	Yogurt
	Cereal Bar	Oatmeal Bar	Cereal Bar	Oatmeal Bar	Cereal Bar
	Oatmeal Bar	Fresh Fruit Salad	Oatmeal Bar	Fresh Fruit Salad	Oatmeal Bar
	Honeydew/Cataloupe	Coffee cake	Honeydew/Cataloupe	Danish	Honeydew/Cataloupe
	Apple Juice, OJ, Milk	Apple Juice, OJ	Apple Juice, OJ, Milk	Apple Juice, OJ	Apple Juice, OJ, Milk
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Lunch 12:30	Lemon Rice Soup	Sweet & Sour Chicken	Minestrone Soup	Tomato Basil Soup	BBQ Chicken, Burgers & Hot Dogs
	Lemon Basil Linguine	Stir Fried Vegetable Rice	Fetticini Alfredo	Baked Ziti	Cole Slaw
	Mixed Vegetable Blend	Vegetable Lo Mein	Mixed Vegetable Blend	Asparagus w/Mushrooms	Potato Salad
	Sourdough Rolls	Salad Bar	Sourdough Rolls	Basil & Sun Dried Tomatoes	Baked Beans
	Salad Bar	Almond Cookies	Salad Bar	Linguine w/garlic herbs	Potato Chips
	Ice Cream Bar	and Orange Slices	Italian Ices	Salad Bar	Salad Bar
	Iced Tea/Lemonade	Iced Tea/Lemonade	Iced Tea/Lemonade	White cake w/Lemon Drizzle	Watermelon
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Iced Tea/Lemonade	Iced Tea/Lemonade
				Coffee/Tea	Coffee/Tea
Sun - Th. Dinner 5:30	Roast Beef w/Thyme	Chicken Soulvaki	Cajun Mahi Mahi	Lime Garlic Chicken	Thai Glazed Wild Salmon Filets
	Honey dill glazed carrots	Lemon Garlic Potatoes	Roasted Garlic Mashed Potatoes	Steamed Rice w/mushrooms	Basamti Brown Rice
	Basamti Brown Rice	Balsamic Orgeano Zucchini	Pesto Vegetable Medley	Steamed broccoli & almonds	Asparagus w/almonds
	Dinner Rolls	Dinner Rolls	Salad Bar	Salad bar	Dinner Rolls
Friday Dinner 6:30	Salad Bar	Salad Bar	Dinner Rolls	Dinner Rolls	Salad Bar
	Banana Cake	Meringue Kisses	Triple Decadance Brownies	Lemon/Orange Cake	Pineapple Upside Down Cake
	Iced Tea/Lemonade	Iced Tea/Lemonade	Iced Tea/Lemonade	Iced Tea/Lemonade	Iced Tea/Lemonade
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea